

Spread the Word Not the Germs

Henry the Hand's®

4 Principles of Hand Awareness:

- WASH your hands when they are dirty and BEFORE eating.
- 2. DO NOT cough into your hands.
- 3. DO NOT sneeze into your hands.
- 4. Above all, **DO NOT** put your fingers into your eyes, nose or mouth!

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Henry the Hand Foundation promotes Hand Awareness.

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