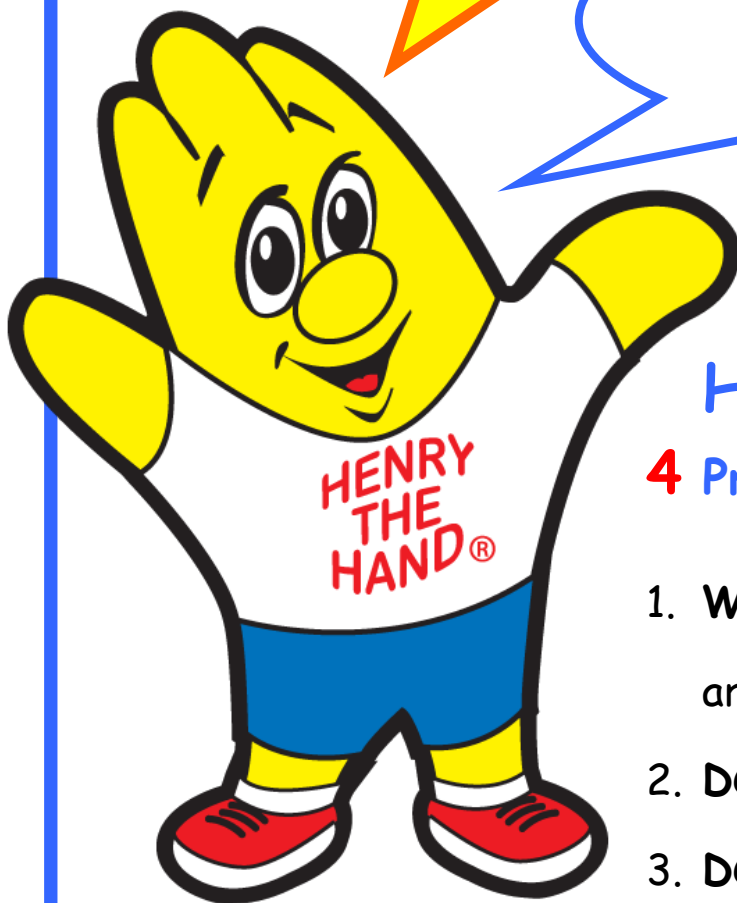


Help Keep  
Pot Spring Elementary  
Healthy!

Spread the Word  
Not the Germs



## Henry the Hand's®

### 4 Principles of Hand Awareness:

1. **WASH** your hands when they are dirty and **BEFORE** eating.
2. **DO NOT** cough into your hands.
3. **DO NOT** sneeze into your hands.
4. Above all, **DO NOT** put your fingers into your eyes, nose or mouth!

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Henry the Hand Foundation promotes Hand Awareness.  
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